



First Sunday of Lent February 22, 2026

OUR FASCINATING FAITH

Lent

One of the liturgical reforms mandated at the Second Vatican Council was that the focus of the season of Lent should be restored as a time of preparation for—or renewal of—baptism. The bishops at the Council were aware of the fact that the origins of Lent as a distinctive liturgical season lay in the early centuries when the Church celebrated the sacraments of Christian initiation only once a year, at the Easter Vigil. In order to prepare those who were to receive those sacraments, a special period of preparation (eventually lasting forty days) gradually developed.

By the time of the Second Vatican Council, the initiatory character of Lent had long been forgotten, and it had become simply a time of penance focused on individual spiritual renewal. The introduction of the Rite of Christian Initiation of Adults and the revision of the Lectionary after the Council have changed all of that. Now the Sunday scripture readings during Lent are very carefully selected with an eye to the journey of those preparing to be initiated at the Easter Vigil. Once again, the entire community is asked to undergo penance in solidarity with the candidates for Baptism, Confirmation, and Eucharist.

Stations of the Cross will be held each Friday during Lent, beginning Friday, February 20, at 4:30 PM at St Rgina

Get ready for our St Patrick's Day Ruben Sandwich Lunch Fundraiser!

Join us on Tuesday, March 17, from 10:30 AM to 1:00 PM for great food and fellowship. We need your help to make this event a success! Sign-up sheets are available in the Narthex for items needed, preparation assistance, day-of-event volunteers, and ticket sales. Flyers are also available for distribution.

This is our largest fundraiser of the year. Your generosity and participation will truly make the difference as we work together to support our church and its ongoing finance

TODAY'S READINGS

First Reading — The man and the woman ate the fruit of the one tree that God had told them to avoid, and their shame overtook them (Genesis 2:7-9; 3:1-7).

Psalms — Have mercy on us sinners, O Lord (Psalm 51).

Second Reading — Death reigned from Adam to Moses, but now grace and life abound in Christ Jesus (Romans 5:12-19 [12, 17-19]).

Gospel — Jesus was led into the desert by the Spirit and there he fasted for forty days and forty nights (Matthew 4:1-11).

READINGS FOR THE WEEK

- Monday: Leviticus 19:1-2,11-18; Ps 19:8,9,10,15; G Mt 25:31-46
- Tuesday: Isaiah 55:10-11; Ps 34:4-5,6-7,16-17,18-19; G Mt 6:7-17
- Wednesday: Jonah 3:1-10; Ps 51:3-4,12-13,18-19; G Luke 11:29-32
- Thursday: Esther C:12,14-16,23-25; Ps 138:1-2a,2cde-3, 7C-8; G Mt 7:7-12
- Friday: Ezekiel 18:21-28; Ps 130:1-2,3-4,5-7a,7bc-8; G Mt 5:20-26
- Saturday: Deuteronomy 26:16-19; Ps 119:1-2,4-5,7-8; G Mt 5:43-48
- Sunday: Genesis 12:1-4a(25A); Ps 33:4-5,18-19,22; 2 Timothy 1:8b-10; G Mt 17:1-9

The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding from age 14 onwards for Ash Wednesday, the Fridays during Lent, and on Good Friday.

LOVE AND DEEDS

God doesn't want our deeds; God wants the love that prompts them.

We will need Easter candy and eggs for the egg hunt on Easter. Please bring to the church.

February 1ST-----

LECTOR MARY

SERVER MAX

EUCHRISTIC JIM BEVERLY, JOY

COUNTER

February 8TH-----

LECTOR MARK

SERVER CARLOS

EUCHARISTIC JIM FLORENCIA, ANN F.

COUNTER

February 15th -----

LECTOR BEVERLY

SERVER MAX

EUCHARISTIC JIM ANN C ANITA

COUNTER

February 18th -----Ash Wednesday-----

LECTOR MARK

SERVER CARLOS

EUCHARISTIC. JOY, F LORENCIA, BEVERLY

COUNTER

February 22nd -----

LECTOR BEVERLY

SERVER MAX

EUCHARISTIC ANITA, ANN C. JIM

COUNTER

WEDNESDAY LECTORS

FEB 4TH CHERI

FEB 11TH MARY

Feb 25th BEVERLY

Prayer during Lent

Holy God, now is the acceptable time to return to you. As we walk the path of these forty days, may we turn away from sin and embrace a life of goodness and truth. Strengthen us on our Lenten journey and keep us focused on the cross and of your Son, our Savior and Redeemer. He is Lord forever and ever. Amen

St. Regina's Church Staff

Pastor: Fr. ANTHONY ONYEKWE

Secretary: Patricia Humble

Dir: Christina Hammond

Facilities Manager: Alan Duncan

Web Page: saintreginacatholicchurch.org

Remember In Prayer

Martha Jo , Michaelle Box ,
Abel Cortez, Michael Cox ,
Pat Bowling , Ted Bowling
Laura Humble

SUNDAY
COLLECTION

2/15/2026

\$2945.00