



SAFETY No one is safe by their own strength, but they are safe by the grace and mercy of God.

St. Regina's Church Staff

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Remember In Prayer

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The Exaltation Of The Holy Cross

September 14, 2025

The Exaltation of the Holy Cross (September 14)

On this date in 335 two churches and a shrine erected by Constantine over the empty grave of Jesus and over the place of the crucifixion were dedicated. After these were destroyed by the Persians in 614, the Church of the Holy Sepulcher, which still stands, was erected by the Crusaders in 1149. Today also commemorates the event that led to the building of the churches dedicated in 335: the discovery of the “true cross” by St. Helena, Constantine’s mother, in 326.

According to one legend, St. Helena traveled to Jerusalem on pilgrimage, in search of the true cross. Workers she hired dug through a pagan temple that had been erected on the site of the Crucifixion by Hadrian and found three crosses. A dying woman was brought in, and touched by each cross in succession, the last of which healed her. Helena ordered that this cross be divided in three parts, one to be kept in Jerusalem and the other two to be sent to Constantinople and Rome. The pieces in Jerusalem and Constantinople were ultimately lost. Slivers were taken from the portion that went to Rome until eventually it was scattered around the world.

Of course, the significance of the true cross lies not in the wood itself but in the burden that it bore. As a faithful Christian, what crosses do you accept in your life today?

Please join us in honoring Reverend Father Anthony on the joyful occasion of his 30th Anniversary Ordination to the Priesthood. We will celebrate with Holy Mass on Sunday, September 28th, at 11:00 AM, followed by a reception in his honor.

Today Reading

First Reading — The people complain in the desert, and God sends venomous snakes. (Numbers 21:4b-9) (638).

Psalm — I call to remember God’s works, with the refrain “Do not forget the works of the Lord!” (Psalms 78:1bc-2, 34-35, 36-37, 38).

Second Reading — Describes Christ’s humility in emptying himself, even to death on a cross, and God’s subsequent exaltation of him. (Philippians 2:6-11).

Gospel — Jesus tells Nicodemus that just as the bronze serpent was lifted up for healing, the Son of Man must be lifted up on the cross to bring eternal life to believers) (John 3:13-17).

Readings for week

Monday: 1 Timothy 2:1-8; Ps 28; G John 19:25-27 or Luke 2:33-35
Tuesday: 1 Timothy 3:1-13, Ps 101; G Luke 7:11-17
Wednesday: 1 Timothy 3:14-16; Ps 111; G Luke 7:31-35
Thursday: 1 Timothy 4:12-16; Ps 111:7-10; G Luke 7:36-50
Friday: 1 Timothy 6:2c-12; Ps 49; G Luke 8:1-3
Saturday: 1 Timothy 6:13-16; Ps 100:1b-5; G Luke 8:4-15
Sunday: Amos 8:4-7 (135C); Ps 113:1-2,4-6,7-8; 1 Timothy 2:1-8, G Luke 16:1-13 or 16:10-13

PRAYER OF THE WEEK

Look upon us, O God,
Creator and ruler of all things,
and, that we may feel the working of your mercy,
grant that we may serve you with all our heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you
in the unity of the Holy Spirit,
God, for ever and ever.

SEPT 7TH-----

No Mass here We will go to St Andrew for Mass at 10:am

SEPT 14TH -----

LECTOR BEVERLY

SERVER MAX

EUCHARISTIC M ANN F, . JIM, ,PEGGY

COUNTER MARY C & ANN F

SEPT 21ST -----

LECTOR MARK

SERVER MAX

EUCHARISTIC M BEVERLY , JIM ,ANN

COUNTER TOM& & BEVERLY

No Mass here the 28th Bishop Talley will celebrate Mass 11:00 am at St. Andrews in honor of Father’s Anthony’s 30th anniversary Reception will follow.

WEDNESDAY LECTOR

SEPT 3RD BEVERLY

SEPT 10TH CHERI

SEPT 17 PEGGY

SEPT 24TH BEVERLY

Wednesday, September 17th, Knights of Columbus meeting. Dinner at 6:00 PM, Rosary at 6:45 PM, and meeting at 7:00 PM. All Knights are encouraged to attend