

You have approached Mount Zion and the city of the living God.

— Hebrews 12:22a

PRE classes will start September 14th Sunday from 9:45 until 10:45

St. Regina's Church Staff

Pastor::Fr. ANTHONY ONYEKWE

Secretary: Patricia Humble

Dre: Christina Hammond

Facilities Manager : Alan Duncan

Web Page: saintreginacatholicchurch.org

Remember In Prayer

Martha Jo, Abel Cortez, Brian Jones , Michael Cox Bethany Krotz, Ted Bowling, Tom Hauck, Sister JoAnn Bolk, Debbie Dalton Laura Burdette Madelynn Hughes

Twenty-Second Sunday in Ordinary Time

HUMILITY

Today's readings praise the virtue of humility and offer concrete ways for us to become more humble. The Book of Sirach suggests a practical reason for acting with humility: humble people are more likeable than the arrogant. Even God "finds favor" with those who humble themselves. In Luke's Gospel, Jesus provides real-world suggestions for growing in humility and teaches us never to assume we are better than others. His words change our outward behavior and expand our hearts and minds to care about people we might have dismissed before. This practical, almost "folksy" wisdom about humility helps us behave better in daily life and makes our lofty goal of eternal life more accessible. Our reading from Hebrews affirms that heaven is indeed approachable. The personal love and sacrifice of Jesus have opened "the city of the living God" to us. Humility prepares us for paradise.

.TREASURES FROM OUR TRADITION

The readings today center on mindfulness, awareness of where we stand in God's plan. The mountain of Sinai carries a message of the majesty and distance of God, while Jesus' presence as host of the banquet speaks of intimacy and mystery. September's shadow calls us all to mindfulness as we prepare to return to life outside of summer. The Christian life holds these two places of knowledge of God in careful balance. Even in the accounts of the Passion we see the table of the upper room in balance with the Mount of Olives.

Altar means "high place," yet it is also a table. The former liturgy of the Latin Rite began with the priest bowing at the foot of the altar's three steps, chanting Introibo ad altare Dei, or "I will go to the altar of God," followed by the altar servers' response, "The God who gives joy to my youth." Many parishioners can recall and recite this scene by heart. As with so many things in liturgy, there are layers of meaning in our worship. The altar table evokes memories of the high places once reserved for encounter with the holy, and the intimacy of the table where hospitality draws us to share food and drink.

NO SURPRISES

We are told by all spiritual writers that one important point to bear in mind, as we seek to attain humility, is not to be surprised by our own faults and failures.

Today Reading

First Reading — Conduct your affairs with humility and God will favor you (Sirach 3:17-18, 20, 28-29).

Psalm — God, in your goodness, you have made a home for the poor (Psalm 68).

Second Reading — You have approached Jesus, the mediator of a new covenant (Hebrews 12:18-19, 22-24a).

Gospel — When invited to dine, take the lowest place. Those who humble themselves will be exalted

(Luke 14:1, 7-14).

READINGS FOR THE WEEK READINGS FOR THE WEEK

Monday: 1Thes 4:13-18; Ps 96; G Luke 4:16-30 Tuesday: 1 Thes 5:1-6,9-11; Ps 27:1-,4; G Luke 4:31-37 Wednesday: 1 Col 1:1-8; Ps 52:10,11; G Luke 4:38-44 Thursday: 1 Col 1:9-14; Ps 98:2-3ab,3cd-6; G Luke 5:1-11 Friday: 1 Col 1:15-20; Ps 100:1b-2-5; G Luke 5:33-39 Saturday: 1 Col 1:21-23; Ps 54:3-4,6 & 8; G Luke 6:1-5 Wis 9-13-18b(129C); Ps 90:3-6, 12-14,17; G Sunday:

Luke 14:25-33

Save the Date! The St Andrew and St Regina

Parish Picnic will be held on Sunday, September 7, 2025, at 10:00 am at St Andrew. Bring a side dish to share or a dessert. A sign-up sheet is at the front of the church put name and how many are attending. Sunday Mass will be at 10:00 am at St. Andrew The menu is hot dogs and hamburgers

Please join us in honoring Reverand Father Anthony on the joyful occasion of his 30th Anniversary Ordination to the Priesthood. We will celebrate with Holy Mass on Sunday, September 28th, at 11:00 AM, followed by a reception in his honor.

> **SUNDAY COLLECTION** 8-24-2025 \$740.00 Parking Lot \$5222.00

SEPT 7TH-----

No Mass here We will go to St Andrew for Mass at 10:am

SEPT 14TH -----

LECTOR **BEVERLY**

SERVER MAX

EUCHARISTIC M ANN F, . JIM,

,PEGGY

COUNTER MARY C &

ANN F

SEPT 21ST

MARK

LECTOR

SERVER MAX

EUCHARISTIC M BEVERLY,

JIM ,ANN

COUNTER TOM& &

BEVERLY

No Mass here the 28th Bishop Talley will celebrate Mass 11:00 am at St. Andrews in honor of Father's Anthony's 30th anniversary Reception will follow.

WEDNESDAY LECTOR

SEPT 3RD **BEVERLY**

SEPT 10TH **CHERI**

SEPT 17 PEGGY

SEPT 24TH **BEVERLY**

> ADORATION ON WEDNESDAY SEPT. 3RD AT 4PM BEFORE MASS

> Monday August 31st the office will be closed for the holiday