



**STAFF OF LIFE**

Bread is the staff of life.

**St. Regina's Church Staff**

**Pastor:** Fr. ANTHONY ONYEKWE

**Secretary:** Patricia Humble

**Dre:** Christina Hammond

**Facilities Manager:** Jim Molitor

**Web Page:** [saintreginacatholicchurch.org](http://saintreginacatholicchurch.org)

<p align="center"><b>June 4th 2023</b>  <b>Sunday collection</b>  <b>\$1344.00</b>  <b>B&amp;M</b>  <b>\$92.00</b></p>
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**Remember In Prayer**

Fr Robert Ponticello , Martha Jo ,  
 Kaylee Bowling , Joy Williams ,  
 Krystal Wadley James Ferebee ,  
 Michaelle Box Krystal Wadley

JUNE 11, 2023

**The Most Holy Body and Blood of Christ**

**.NOURISHING FOOD**

Manna in the desert, water from a rock, bread, wine. God provides food to nourish our bodies and our souls, to bring us into union with the Divine. This is what we celebrate on this Solemnity of the Most Holy Body and Blood

of Christ. The Israelites who journeyed through the desert for forty years knew physical hunger, but they were also hungry for more—they needed to know that God was with them as they made their way through the dangerous

desert. We too experience hunger. We need to be assured that the Lord is with us as we navigate the circumstances of our lives, some of which feel dangerous, if not to our bodies, certainly to our spirit. Our participation in the

Eucharist provides this assurance and more: fed with Christ's Body and Blood, we are drawn into communion with

Every year Solemnity of the Most Sacred Heart of Jesus falls on the first Friday after the Most Holy Body and

Blood of Christ. The devotion to the Sacred Heart comes from a French nun, Saint Margaret Mary Alacoque, to whom Jesus showed his heart in June 1675. He told her that his heart burned with love for human beings but

Christians only offended him with insults, ingratitude, and indifference. Thus, the Sacred Heart of Jesus is shown with a flame of fire and surrounded by a crown of thorns.

How many times have we, as the Church or as individuals, pierced the heart of the Lord, our Spouse? Even so, the image of the heart of Jesus, pierced with thorns and aflame with love for us, continues to sing and call to us to

be completely his. If we return to him, Jesus promises twelve blessings of peace, consolation, fervor, and other graces. The promises are generally for the good of our families, the conversion of sinners, and an increase in the

faith. All of these promises focus on the infinite love of Jesus, who has our names engraved on his heart because of the love he has for us. Christ manifests himself as a spouse who desires the best for his bride, the Church. He commits himself to her and seeks to inflame her with love.

**TODAY'S READINGS**

First Reading — Never forget the Lord your God, who brought you out of slavery and fed you with manna in the desert (Deuteronomy 8:2-3, 14b-16a).

Psalm — God has blessed Jerusalem (Psalm 147).

Second Reading — Because the loaf of bread is one, we who partake of it, though we are many, are one body (1 Corinthians 10:16-17).

Gospel — Jesus said to the crowds, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

**CATHOLIC PRAYER CORNER**

Prayer to the Sacred Heart of Jesus  
 Lord Jesus, let my heart never rest until it finds You, who are its center, its love, and its happiness.  
 By the wound in Your heart  
 pardon the sins that I have committed  
 whether out of malice or out of evil desires.  
 Place my weak heart in Your own divine Heart,  
 continually under Your protection and guidance,  
 so that I may persevere in doing good  
 and in fleeing evil until my last breath. Amen.

<p><b>READINGS FOR THE WEEK</b>          Monday: 2 Cor 1:1-7; Ps 34:2-9; Mt 5:1-12          Tuesday: 2 Cor 1:18-22; Ps 119:129-133, 135;          Mt 5:13-16          Wednesday: 2 Cor 3:4-11; Ps 99:5-9; Mt 5:17-19          Thursday: 2 Cor 3:15 — 4:1, 3-6; Ps 85:9ab, 10-14;          Mt 5:20-26          Friday: Dt 7:6-11; Ps 103:1-2, 3-4, 8, 10;          1 Jn 4:7-16; Mt 11:25-30          Saturday: 2 Cor 5:14-21; Ps 103:1-4, 9-12;          Lk 2:41-51</p>
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**MISSION**

Christ sent me to preach the gospel and he will look after the results.

Yard sale June 23rd and 24th Please bring in your items for the sale and sign –up to help the days of the sale

**SAINTS AND SPECIAL OBSERVANCES**

Sunday: The Most Holy Body and Blood of Christ  
 Monday: Tenth Week in Ordinary Time  
 Tuesday: St. Anthony of Padua  
 Wednesday: Flag Day  
 Friday: The Most Sacred Heart of Jesus  
 Saturday: The Immaculate Heart of the Blessed Virgin Mary

Vacation bible school July 17thru the 21st. 4pm-6pm grade: pre K4-5th  
 Pre register today

**Meeting June 21st after Mass for those teaching or helping with the vacation bible school**

<p align="center"><b>JUNE 4TH</b>  <b>LECTOR MARK</b>  <b>SERVERS LESLIE &amp; MARINA</b>  <b>COUNTERS MARY C. &amp; ANN F.</b></p>
<p align="center"><b>JUNE 11TH</b>  <b>LECTOR BEVERLY</b>  <b>SERVERS CARLOS &amp; MAX</b>  <b>COUNTERS TOM &amp; BEVERLY</b></p>
<p align="center"><b>JUNE 18TH</b>  <b>LECTOR PEGGY</b>  <b>SERVERS JESUS &amp; LESLIE</b>  <b>COUNTERS MARY C. &amp; ANN F.</b></p>
<p align="center"><b>JUNE 25TH</b>  <b>LECTOR JEFF</b>  <b>SERVERS CARLOS &amp; MAX</b>  <b>COUNTERS TOM &amp; BEVERLY</b></p>

June 19th: The office will be closed.

Volunteers needed to do the altar linens