



Nineteenth Sunday in Ordinary Time

August 8, 2021

I am the living bread that came down from heaven.

CIVIL DISCOURSE

“Do not grieve the Holy Spirit of God.” These words bring us up short! What could we be doing to grieve the Holy Spirit? Alas, the same things that the Ephesians were doing in the time of Paul, that is, fighting, shouting, reviling each other with fury, anger, and malice. Just tune in to talk radio some day or observe some “road rage” on the expressway. If we who are partakers of the Body of Christ can treat one another this way, what does that mean about our belief in Christ’s message of peace and reconciliation? The Eucharist is the sacrament of unity. It is communion with God and with each other. A good first step would be to speak civilly to each other, even in disagreement!

MAKE DEPOSITS

Friendship is like a bank account. You can’t continue to draw on it without making deposits.

Wednesday August 11 pastoral council meeting after Mass

New E- Mail address for the church
saintreginatn@gmail.com

TODAY’S READINGS

First Reading — After resting and taking nourishment twice, Elijah is strengthened to walk to the mountain of God, Horeb (1 Kings 19:4-8).

Psalm — Taste and see the goodness of the Lord (Psalm 34).

Second Reading — Be sealed by the Holy Spirit of God so as to be imitators of God and live in love (Ephesians 4:30 — 5:2).

Gospel — Jesus professes that he is the living bread and whoever eats this bread will live forever (John 6:41-51).

READINGS FOR THE WEEK

Monday: Dt 10:12-22; Ps 147:12-15, 19-20; Mt 17:22-27
 Tuesday: 2 Cor 9:6-10; Ps 112:1-2, 5-9; Jn 12:24-26
 Wednesday: Dt 34:1-2; Ps 66:1-3a, 5, 8, 16-17; Mt 18:15-20
 Thursday: Jos 3:7-10a, 11, 13-17; Ps 114:1-6; Mt 18:21 — 19:1
 Friday: Jos 24:1-13; Ps 136:1-3, 16-18, 21-22, 24; Mt 19:3-12
 Saturday: Jos 24:14-29; Ps 16:1-2a, 5, 7-8, 11; Mt 19:13-15
 Sunday: Vigil: 1 Chr 15:3-4, 15-16; 16:1-2; Ps 132:6-7, 9-10, 13-14; 1 Cor 15:54b-57; Lk 11:27-28

Aug. 15th
 Lector Ann

WEEKLY OFFERING

Aug 1st
 BUDGET \$1351.00
 \$715.00
 B&M
 \$130.00

FEAST OF FAITH

Sanctus, Sanctus, Sanctus: Song of Heaven

The words of the Sanctus are rooted in the scriptures. They recall the song of the seraphim in the prophet Isaiah’s vision of God in majesty: “Seraphim were stationed above; each of them had six wings: with two they veiled their faces, with two they veiled their feet, and with two they hovered aloft. ‘Holy, holy, holy is the LORD of hosts!’ they cried one to the other. ‘All the earth is filled with his glory!’ ” (Isaiah 6:2-3). They recall the Gospel accounts of Jesus’ entry into Jerusalem: “Hosanna to the Son of David; blessed is he who comes in the name of the Lord; hosanna in the highest” (Matthew 21:9). Yet the liturgy adds something new to these ancient texts. The seraphim sang, “the earth is filled with his glory.” But the liturgy proclaims, “heaven and earth are full of your glory.” In the Eucharist, earth and heaven meet. For a moment in time, we join in the song that the angels sing for all time. The Sanctus raises us to heaven, but does not remove us from the earth. It is the song of the King who took on our human flesh so that we might share in his divine life.

The Apostle's Creed
 I believe in God,
 the Father Almighty,
 Creator of Heaven and earth;
 and in Jesus Christ, His only Son, Our Lord,
 Who was conceived by the Holy Spirit,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, died, and was buried.
 He descended into Hell.
 The third day He arose again from the dead;
 He ascended into Heaven,
 sitteth at the right hand of God, the Father Almighty;
 from thence He shall come to judge the living and the dead.
 I believe in the Holy Spirit,
 the holy Catholic Church,
 the communion of saints,
 the forgiveness of sins,
 the resurrection of the body,
 and the life everlasting. Amen.

St. Regina’s Church Staff

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Remember In Prayer

Michaëlle Box, Fr Robert Ponticello ,
 Emanel Milligan, Leonard Humble ,
 . Judy Hendricks , Martha Jo , Herb Marshall
 Missy Molitor