

**EIGHTEENTH SUNDAY IN
ORDINARY TIME**

AUGUST 1, 2021

**DO NOT WORK FOR FOOD THAT PERISHES
BUT FOR THE FOOD THAT ENDURES.**



**Give us
this day
Our
Daily
Bread!**

THE BREAD OF LIFE

Today's Gospel has the crowd asking Jesus three questions. First, "When did you get here," to which Jesus responds by rebuking them for their failure to grasp his miracle as a "sign," an occasion to put faith in him. Their second question about accomplishing the "works of God" has Jesus respond that faith is the "work" that God wishes. Many scholars believe this is John's answer to the faith-works dichotomy emerging in the early Christian community. Faith is the work of God in the believer, John would have us understand. The third question asked by the crowd is a request for a "sign" that would allow them to put faith in Jesus, as the manna in the desert allowed the Israelites to put faith in the Lord God. Jesus answers by revealing himself as the "bread of life" that "comes down from heaven and gives life to the world."

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FEAST OF FAITH

The Preface: Thanksgiving

The preface of the Mass has been called "a poem, the cry of joy and recognition, the song of the world discovering its salvation . . . the certitude of faith making hope spring forth" (Philippe Béguerie, quoted in *The Mass*, Lucien Deiss, The Liturgical Press, Collegeville, MN, 1992, p. 70). The preface takes up the last words of the dialogue, and expresses briefly and simply why we are grateful, why it is right and just to give thanks and praise to God. On feast days, the preface sings of the specific mystery or saint we celebrate; in Ordinary Time, the Sunday and weekday prefaces express our gratitude for God's gift of the Son, Jesus Christ, in whom we have redemption and newness of life. The prefaces offer a succinct account of what God has done for us in Christ; they express the mystery of faith, always relating it to us, to our lives. "By his birth we are reborn," we hear in Preface IV for Sundays in Ordinary Time. "By his suffering we are freed from sin. By his rising from the dead we rise to everlasting life." Yes, we have cause to give God thanks and praise.

—Corinna Laughlin, Copyright © J. S. Paluch Co.

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Remember In Prayer

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TODAY'S READINGS

First Reading — The people of Israel receive bread from heaven in response to their grumbling.

(Exodus 16:2-4, 12-15).

Psalm The Lord gave them bread from heaven

(Psalm 78).

Second Reading — Put on the new self that has been created in God's way (Ephesians 4:4-17, 20-24).

Gospel — I am the bread of life; whoever comes to me will never hunger (John 6:24-35)

SAINTS AND SPECIAL OBSERVANCES

MONDAY ST. EUSEBIUS OF VERCELLI

WEDNESDAY SAINT JOHN VIANNEY

FRIDAY THE TRANSFIGURATION OF THE LORD

SATURDAY SAINT SIXTUS II POPE

The trip to St. Joseph Shrine in St. Louis is planned for September 7. Bus fee is \$100.00. Sign by August 10th and money due by August 11th.

Leave St. Regina at 6a.m. and return about 9p.m.

You will need money for meals and a donation to the church for the tour.

Sign-up sheet with all the information is at the front of the church

READINGS FOR THE WEEK

Monday: Nm 11:4b-15; Ps 81:12-17; Mt 14:13-21

Tuesday: Nm 12:1-13; Ps 51:3-7, 12-13;
Mt 14:22-36 or Mt 15:1-2, 10-14

Wednesday: Nm 13:1-2, 25 — 14:1, 26-29a, 34-35;
Ps 106:6-7ab, 13-14, 21-23; Mt 15:21-28

Thursday: Nm 20:1-13; Ps 95:1-2, 6-9; Mt 16:13-23

Friday: Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9;
2 Pt 1:16-19; Mk 9:2-10

Saturday: Dt 6:4-13; Ps 18:2-4, 47, 51; Mt 17:14-20

Sunday: 1 Kgs 19:4-8; Ps 34:2-9; Eph 4:30 — 5:2;
Jn 6:41-51

Act of Contrition

O my God, I am heartfully sorry for having offended thee, and I detest all my sins because of Thy just punishment, but most of all because I have offended Thee my God, Who is all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more, and to avoid the near occasion of sin. Amen.

Father Anthony would like to have volunteers to serve at Mass there is no age limit and he will train those interested

Aug. 8th

Lector Mark

A Secret

The secret of happiness is to count your blessings while others are adding up their troubles.

