



The Most Holy Body and Blood of Christ

June 14, 2020

Not by bread alone does one live, but by every word that comes forth from the mouth of the Lord. — *Deuteronomy 8:3b*

FOOD FROM HEAVEN

God sustained the people of Israel for forty years in the desert with manna sent down from heaven, and Moses doesn't want them to forget it. God brought forth water from stone for them to drink, and Moses doesn't want them to forget this, either. And Moses tells them—twice—that the food that God sent was a food that neither they nor their ancestors before them had ever experienced before.

Jesus too speaks of food come down from heaven, food that the Jewish people had never experienced before. Recalling the manna in the desert, Jesus doesn't want them to forget it either, explaining that he is the food and drink of eternal life. And Paul reiterates to the Corinthians and to all of us that in the bread and in the cup, we share in the body and blood of Christ.

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.TREASURES FROM OUR TRADITION

Ordinary Time beckons, and so on this Sunday we surrender the last glimmers of paschal joy as we celebrate the renewal of our life around the table of the Eucharist. This feast reminds us that the goal of the catechumen's journey through Lent is not the baptismal font at Easter, but rather the experience of Pentecost. It is all about life lived in the Spirit's embrace in relationship to the Body of Christ, which is found both "on the table" and "at the table."

The season of confirmation is also drawing to a close, and this feast serves as a reminder that this sacrament, a solemn sending from font to table, is keyed to renewed vigor. Confirmation has sometimes been sadly misunderstood as a kind of graduation from religious formation, but it is nothing of the sort. It is about being led by the Lord Jesus to the place where the Spirit flourishes, and where the gifts of the Spirit are most easily detectable. After next week we will resume our consideration of the sacrament of confirmation, its rich and somewhat tangled history, its challenging theology, and its changing celebration.

—Rev. James Field, Copyright © J. S. Paluch Co.

TODAY'S READINGS

First Reading — Never forget the LORD your God, who brought you out of slavery (Deuteronomy 8:2-3, 14b-16a).

Psalm — Praise the Lord, Jerusalem (Psalm 147).

Second Reading — Because the loaf of bread is one, we who partake of it, though we are many, are one body

(1 Corinthians 10:16-17).

Gospel — Jesus said, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

READINGS FOR THE WEEK

Monday: 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42

Tuesday: 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48

Wednes day: 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18

Thursday: Sir 48:1-14; Ps 97:1-7; Mt 6:7-15

Friday: Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16; Mt 11:25-30

Saturday: 2 Chr 24:17-25; Ps 89:4-5, 29-34; Lk 2:41-51

Sunday: Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35; Rom 5:12-15; Mt 10:26-33

Mass Intention

Jayne Wallace

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ; Flag Day

Monday: Eleventh Week in Ordinary Time

Friday: The Most Sacred Heart of Jesus

Saturday: The Immaculate Heart of the Blessed Virgin Mary; Summer begins; World Refugee Day

PRAYING

One prays best who does not know that one is praying.

Fr. Anthony is having the sacraments of First Communion and Confirmation on Aug 16th . Questions see Christina H.

Thursday, June 18th

6:00 pm

Father Anthony will have a Blue Service for all law enforcement. Everyone is invited to attend.

June 21st ,2020

Lector Maurisio

WEEKLY OFFERING

June 7th

BUDGET \$1351.00

\$1530.00

B&M

\$ 220.00

St. Regina's Church Staff

Pastor: Fr. ANTHONY ONYEKWE

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DRE: Christina Hammond

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Remember In Prayer

Michaëlle Box, Fr Robert Ponticello , Emanel Milligan, Leonard Humble , Louis Humble Sr. , Joy Williams, Martha Jo Neuenschwander ,