



St. Regina's Church Staff

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Remember In Prayer

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Eric Christensen,

Seventeenth Sunday in Ordinary Time
July 28, 2019

You were buried with him in baptism, in which you were also raised with him through faith in the power of God, who raised him from the dead.

— *Colossians 2:12*

ASKING FOR HELP

The Beatitudes praise the poor in spirit. One characteristic of those who are poor in spirit is their ability to ask for help; they know when others can provide what they lack. Today's readings encourage us to practice poverty in spirit by asking God for what we need. What could be more natural than to ask God for good things? God is, after all, the inventor of goodness and the giver of all good things.

Asking God for help puts us in conversation with God. These conversations take many forms. The reading from Genesis shows Abraham bantering with God like a skilled negotiator, while Saint Paul's letter to the Colossians praises God for answering us even when we don't deserve it. In Saint Luke's Gospel, Jesus not only gives us words to use in our conversations with God (the Our Father), but also promises that God always listens to our prayers.

TREASURES FROM OUR TRADITION

The pilgrim experience of going by foot to Santiago de Compostella, the shrine of St. James, reached its high point this week at the feast of the Apostle, with tens of thousands of pilgrims on the road. Typically, they cover twelve to twenty miles a day through rough territory. The difficult journey and the often primitive lodging facilities are made bearable by the joy of the pilgrims, their songs and prayers. When their journey is documented properly, they receive the scallop shell, a reminder not only of James the fisherman, but also his call to fish for human beings and to baptize the nations. In the Middle Ages, those who wore this badge on their hats were granted lodging and hospitality wherever they went. Next to the palm, the sign of a Jerusalem pilgrim, the scallop shell was most highly prized.

In the Middle Ages, some people so enjoyed the pilgrim road, although it was filled with discomfort and danger, that they spent most of their lives on the road. Today, some people take up the route for exercise, but are drawn gradually into the spirituality of the journey. As you make your summer travels, always fold in an element of pilgrimage: a long walk through beautiful countryside, a visit to a church, a prayer of gratitude for your journey through life's hills and valleys.

TODAY'S READINGS

First Reading — Abraham bargains with God to spare the city (Genesis 18:20-32).

Psalms — Lord, on the day I called for help, you answered me (Psalm 138).

Second Reading — You were buried with Christ in baptism, in which you were also raised with Christ (Colossians 2:12-14).

Gospel — Everyone who asks, receives; and the one who seeks, finds (Luke 11:1-13).

READINGS FOR THE WEEK

Monday: Ex 32:15-24, 30-34; Ps 106:19-23 or Ps 34:2-11; Jn 11:19-27 or Lk 10:38-42

Tuesday: Ex 33:7-11; 34:5b-9, 28; Ps 103:6-11; Mt 13:36-43

Wednesday: Ex 34:29-35; Ps 99:5-7, 9; Mt 13:44-46

Thursday: Ex 40:16-21, 34-38; Ps 84:3-6a, 8, 11; Mt 13:47-53

Friday: Lv 23:1, 4-11, 15-16, 27, 34b-37; Ps 81:3-6, 10-11ab; Mt 13:54-58

Saturday: Lv 25:1, 8-17; Ps 67:2-3, 5, 7-8; Mt 14:1-12

Sunday: Eccl 1:2; 2:21-23; Ps 90:3-6, 12-14, 17;

DECEPTION

Indeed, it is not in human nature to deceive others for any long time, without in a measure deceiving ourselves, too.

SAINTS AND SPECIAL OBSERVANCES

Sunday: Seventeenth Sunday in Ordinary Time

Monday: St. Martha

Tuesday: St. Peter Chrysologus

Wednesday: St. Ignatius of Loyola

Thursday: St. Alphonsus Liguori

Friday: St. Eusebius of Vercelli;
St. Peter Julian Eymard; First Friday

Saturday: Blessed Virgin Mary; First Saturday

ADVERSITY

Adversity has the effect of eliciting talents which, in prosperous circumstances, would have lain dormant.

**P.R.E. Registration will be on
Sundays Aug 4th and 11th.**

P.R.E. will start on Aug 18th

**Next Sunday is our monthly luncheon . We will be
having hamburgers and hot dogs. Please bring
ypur favorite sides or dessert**

August 4th
Lector Peggy
E/M Tom/Anita
Ushers Michael/Sal
Server Jesus.

OFFERTORY
7/21/2019
BUDGET \$1351
ACTUAL \$616.00
\$-735.00